



Executive Department
State of Idaho

The Office of the Governor
Proclamation

State Capitol
Boise

WHEREAS, almost two out of three Idahoans are overweight or obese and the number of overweight children has increased by almost 50 percent over the last decade; and

WHEREAS, obesity has become the second leading cause of preventable death after smoking, while healthy eating and active living are keys to a healthy lifestyle and better quality of life; and

WHEREAS, America on the Move is a national initiative dedicated to helping individuals and communities across our nation make positive changes to increase physical activity and make healthy eating choices; and

WHEREAS, Idaho on the Move is a coalition of community volunteers and support organizations encouraging groups and individuals to begin a personal weight management and physical activity program; and

WHEREAS, the long range mission of this effort is to form partnerships across the state to make Idaho the healthiest state in the nation;

NOW, THEREFORE, I, DIRK KEMPTHORNE, Governor of the State of Idaho, do hereby proclaim September 28th, 2005 to be

AMERICA ON THE MOVE DAY

in Idaho, and in doing so encourage everyone to support a healthier lifestyle by making two simple changes: move a little more every day by taking an extra 2,000 steps and eat a little less every day by consuming 100 fewer calories.



IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Idaho at the Capitol in Boise on this twenty-seventh day of September in the year of our Lord two-thousand and five and of the Independence of the United States of America the two hundred thirtieth and of the Statehood of Idaho the one hundred sixteenth.

A handwritten signature of Dirk Kempthorne in black ink, written over a horizontal line.

DIRK KEMPTHORNE
GOVERNOR

A handwritten signature of Ben Isukua in black ink, written over a horizontal line.

BEN ISUKUA
SECRETARY OF STATE